

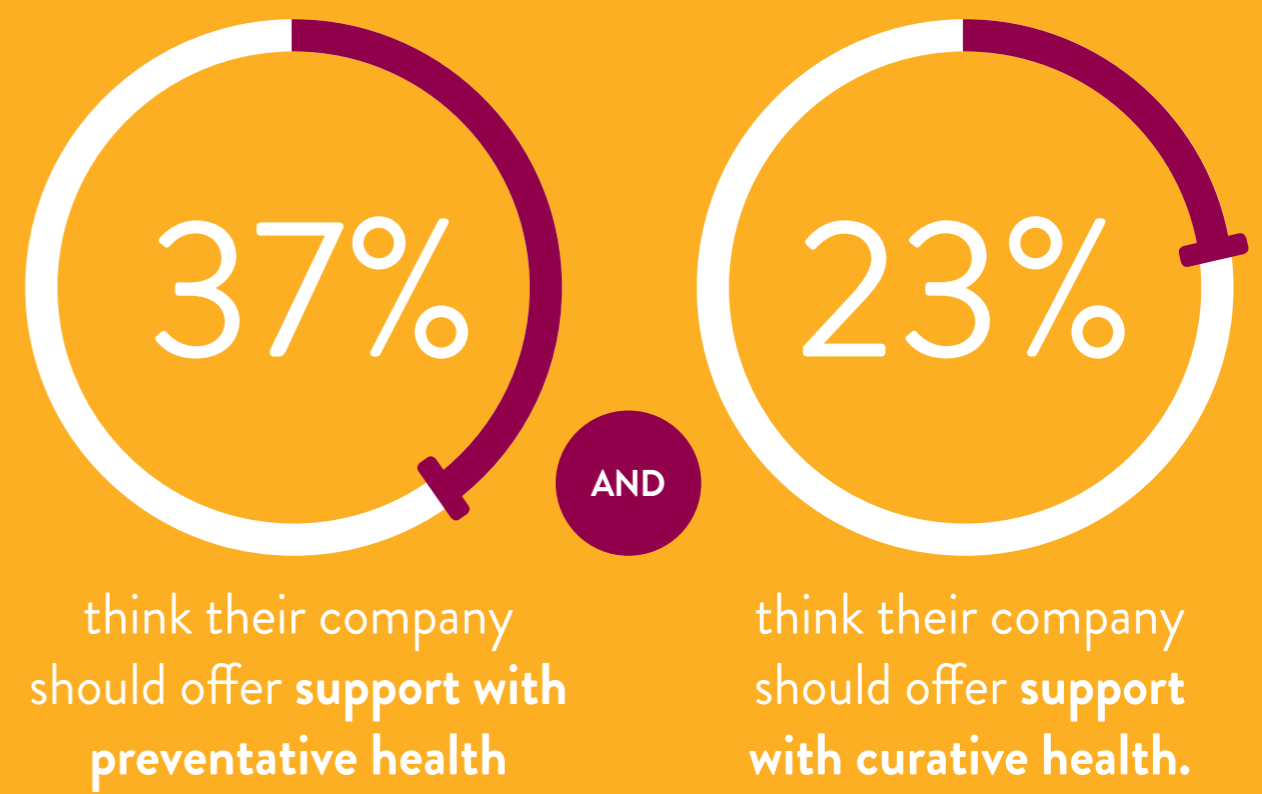
Supporting your employees with their physical wellbeing



Your employees are concerned about their physical health



They want help from their employer to improve their wellbeing

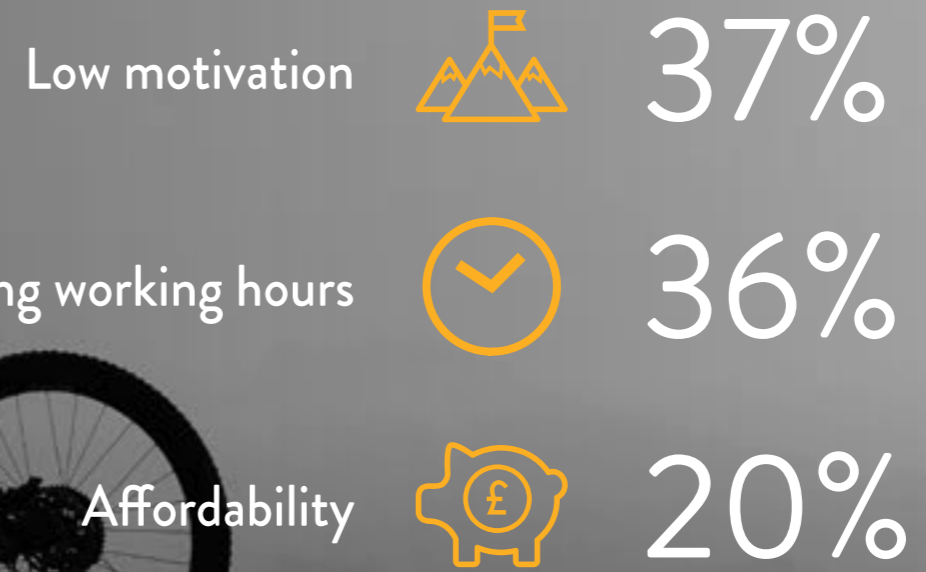


Employees value the following support from their employers:



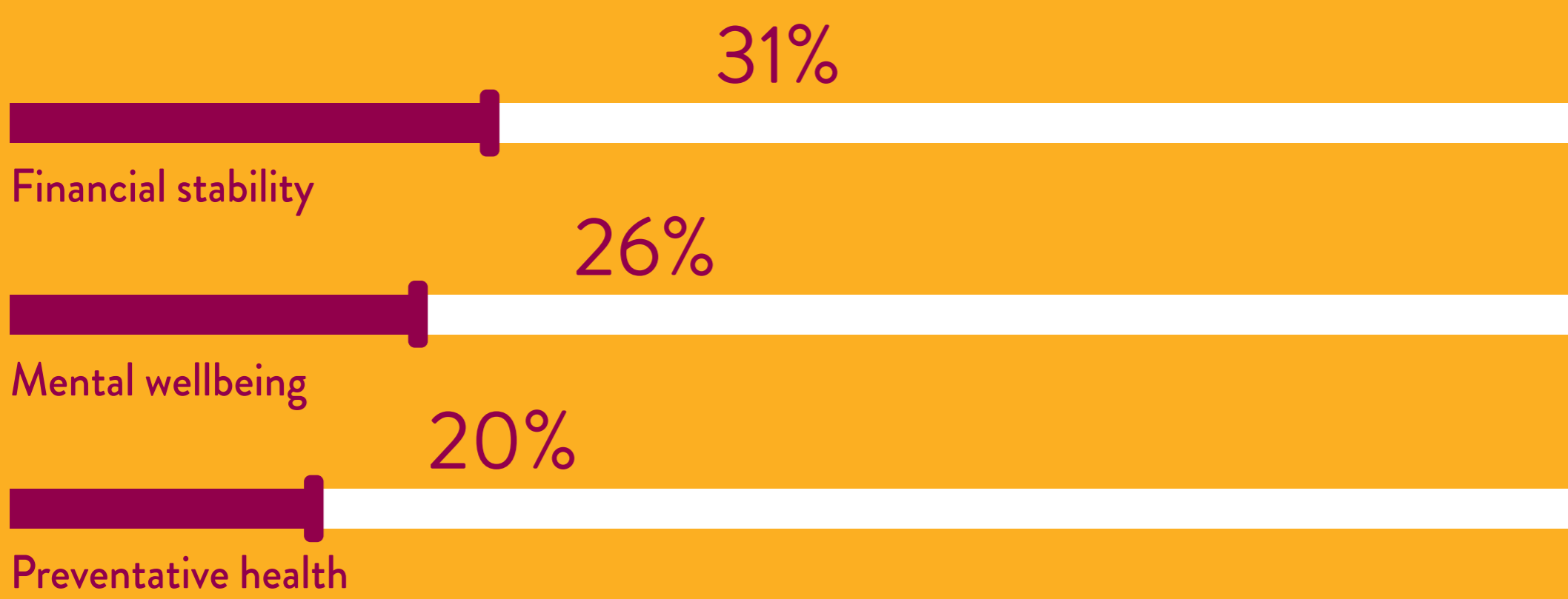
However, they're not making the most of the support on offer

Employees are not taking up opportunities to improve their physical health due to:



In fact, employees are prioritising other areas of their wellbeing ahead of preventative health

Employees rank their physical health as less important than their financial and mental health.



If given the option, they would redirect funds from their benefits package to other areas:



Your employees want to improve their physical health but are currently prioritising other areas of their wellbeing. They are relying on their employer to offer support in the form of exercise classes, fruit in the office and massages—as well as providing them sufficient time to take this support up. Benefit from improved productivity and reduced absenteeism by helping your employees with their physical health.